

The Spina Bifida Association  
of Western New York

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Summer 2009

## Upcoming events

### Events Sponsored by the Independence Foundation:

For members of SBAWNY and their families **Page 2**

**Buffalo Bisons Game:** See details on  
Page 3. Must RSVP for tickets.

If you have any suggestions for events you may want to us to sponsor please contact one of the board members.

Greetings from the President:

I hope you all are having a nice start to the summer season. If anyone is interested in serving on the board or coordinating an event please contact one of the board members. We're always looking for new ideas.

We have been working with the Independence Foundation and getting involved with their activities. See a list of activities being planned for the summer.

Be sure that you renew your membership this year. This allows us to keep you informed with what is going on and keeps us informed about you. The membership form is available on our website at: [www.sbawny.org](http://www.sbawny.org)

Hope to see you at one of the upcoming events.

Take care and God Bless!

Cindy Carlson , President SBAWNY

### **Upcoming Activities With The Independence Foundation**

The Independence Foundation, led by Chris Muller, is continuing to share some of their activities with our organization. Here is the list of events:

Bowling at AMF Lancaster Lanes - 4913 Transit Rd near Losson, Lancaster, NY Ramps provided, \$2 a game. Fun for the whole family. Volunteers are always welcome!

Saturday, Jun 27th 4pm to 6pm

Sunday, Jul 26th 4pm to 6pm

Saturday, Aug 15th 4pm to 6pm

Mom's Night Out for mothers of children and young adults with physical disabilities, and also for young adult & adult women with physical disabilities. All are informal gatherings where we share ideas, concerns, and life! All events are pay your own way.

Friday, Jul 10th at Olive Garden (near Galleria Mall) at 6:30pm

Saturday Pedicures, Call Chris to see what date works for you!

You can also check out their website at: [www.TheIndependenceFoundation.org](http://www.TheIndependenceFoundation.org) for more info.

If you are interested in any of the above events Please RSVP Chris 716-685-3976 or Karen 716-457-9867 or [KES484@aol.com](mailto:KES484@aol.com)

Thank you to the Independence Foundation and their generosity!!!

# Bison's Baseball Game

Sponsored by the Variety Club of Buffalo

Friday, July 17th

Game Starts at 7:35pm

(Includes a ticket for hot dog, popcorn, and soft drink)

Fireworks after the Game!

Tickets available for individual with SB  
and their immediate family only!

Call Janet Slack at 735-9683 or  
Email: [jslack2@rochester.rr.com](mailto:jslack2@rochester.rr.com)

We need to know how many adults, children  
and whether you need wheelchair seating.

Please RSVP by July 3rd.

Tickets are first come, first served.

Spina Bifida Association of Western New York  
137 Warner Avenue  
North Tonawanda, NY 14120

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## MARK YOUR CALENDARS

Bison's Baseball Game - Friday, July 17th

Jun 26th/ Jul 27th/Aug 15th—Bowling Dates

Please make a note of our correct mailing address located on the front of this newsletter. The mailing address associated with the phone number is not correct. We have not had any success with getting it changed or removed.